ASPAN’s Obstructive Sleep Apnea-Practice Recommendation

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History of EBP & Standards

• Young History
  – Committee collaboration
  – EBP meeting priority: S&G evidence
  – First Joint Meeting 2007
  – The “Farm”; “Lively discussions”
2007 Joint Meeting

• **3 questions:**
  – Handoff / Safe Transfer of Care
  – On Call / Work Schedule / Fatigue
  – PACU Visitation

• **Reviewed at the meeting together**

• **Evidence put into the Standards:** recommendations & references.
2009 Meeting

- A little more sophisticated
- We “kinda” knew what we were doing!
- EBP and Standards did pre-assignments
- Process under development: Questions came from FAQs from Clinical Practice Network
2009 EBP Questions

- Supplemental Oxygen Cannula vs. Face Mask / Tent
- How often should vital signs be taken?
- What scoring tool should be used for Phase I and Phase II to assess discharge readiness?
- Is there an acuity tool to measure patient care and nursing time in the perianesthesia area?
2009 Review of Resource 4

- Resource 4 (3; Practice Recommendation 2)
- Looked at 12 questions from CP:
  - Patient monitoring after narcotic administration.
  - Nausea & oral intake
  - DC scoring tool
  - Post-operative need for voiding
  - Responsible accompanying adult
Results

• Minimal evidence obtained
• We had additional evidence (or not) to add to the Standards
• Example: Vital signs
Ongoing Work

• Off-year
  – Looked at discharge criteria for Spinals/Epidurals
• A Practice Recommendation for OSA developed off year (2009) by Standards & Guidelines
• Took it to the 2010 RA
• That portion of the Standards was defeated by the RA
• Back to the drawing board
Where are we now?

**Obstructive Sleep Apnea-Practice Recommendation:**

- SQAD’s: review/ranking the literature completed
- A draft for an EBP-PR presented at the Standards meeting in October 2011
- Draft revised; S&G endorsement
- BOD for endorsement.
- THEN to the RA for endorsement at 2012 NC.
- If approved, added to the 2012-2014 S&PR Manual.
Questions???